

Hello

This letter is not meant to be judgemental, religious and is not from a radical pro-lifer and I'm certainly not telling you what you should do. It is a letter I wished someone had shown me when I was in your position and is truly sent out with love, wisdom and hindsight.

I was unexpectedly pregnant... scared, frightened and unsure of what to do. I didn't want a baby at that time and it all seemed so easy and OK to terminate that pregnancy. No one told me how I may feel later, no one shared their negative experience, it was all too quick and easy and I thought life would just roll along as normal afterwards.

And initially it did feel OK, but it wasn't until a few years later when I started my family and my children grew that I saw the choice I made earlier was not the right one.

It's only now years on and as a mother that I fully understand the decision I made. I didn't know what I was doing - if I did I wouldn't have done it. If I can save someone else from the torment, regret and guilt I now live with, this letter is worth it. Hopefully you can learn from my dreadful mistake.

After having children your heart opens to a new level and life becomes richer and better for having a child and you see the world in a different way. You gain love, compassion, insight and wisdom that you can't possibly have known beforehand.

I know that it might be hard to see now but I just want to save you from the sadness I deal with now and will for the rest of my life. Someone is missing from my life forever that was a gift and was meant to be but I was too young and ignorant to see it. Yes, children can be hard work and a challenge at times, but the beauty, magic and joy you and the world gets from every unique and special human being made is truly a gift that should be cherished. The system makes it too easy to abort and I just want you to know that the decision you make today could hurt you in time.

There really is so much support out there for mums and children and the strength of the human spirit is amazing. You can still have a great life with children and reach your dreams and goals.

When I saw a counsellor before my termination, she said I would feel so much better afterwards... she was sooooo wrong. I now feel heartbroken and so angry at myself and if I could turn the clock back I would NEVER have gone through with the abortion. I just want anyone who is now in the position I was in to know that there is a possibility that you too many feel this way and if you can learn from my mistake you will save yourself heartbreak in the future and have an awesome life at the same time.

Whatever decision you make of course has to be right for you and everyone's situation is different and reasons are different. However, I just want to share this with you in case you have any doubt in your mind. With warmth and compassion from someone who has been in this difficult position.

Charlotte