

What are my chances of becoming pregnant?

There are only about six days a month around the time of ovulation where there is a chance you could get pregnant. There is no significant chance of getting pregnant outside that time. If you are worried you can ring **0800 367 5433** to talk to someone about your concerns.

The Morning After Pill can delay ovulation, so it is possible to get pregnant after sexual intercourse later in the month, even after taking the Morning After Pill.

If you are worried that you might be pregnant please call us.

Our friendly team offer free and confidential pregnancy tests and can talk through your situation and discuss your options.

References for the information in this pamphlet can be found at:
pregnantandworried.org.nz/morningafterpill

0800 367 5433

Family Life International NZ

John Paul II Centres for Life

Auckland • Wellington • Dunedin



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What you
need to know about the...

**MORNING
AFTER PILL**

What is the Morning After Pill?

The Morning After Pill, also called Emergency Contraception, is a form of birth control that is taken up to 72 hours after sexual intercourse.

Will the Morning After Pill protect me from STDs?

No.

Does the Morning After Pill cause abortions?

One of the stated modes of action is to prevent the implantation of an embryo (newly formed human being) into the uterus (womb). No one knows how often this happens. There are only about six days a month that a woman can get pregnant and the Morning After Pill is only effective at stopping ovulation on the first three of these days. It is unable to stop ovulation on the last two of these six days, when the chances of conceiving are highest. On these days it relies on other means, including preventing implantation and disrupting embryo transport. Both these mechanisms can lead to the death of embryos.

Will the Morning After Pill work if I am overweight?

The Morning After Pill has been found to be less effective in women who are even slightly overweight, and completely ineffective in obese women.

Can I become pregnant after taking the Morning After Pill?

Yes. No form of birth control is completely effective. The Morning After Pill is less effective than most other forms of birth control. Estimates of its effectiveness in preventing pregnancy range from 95% to as little as 58%.

Are there side-effects and risks?

All drugs have side effects and risks. For the Morning After Pill, the common side effects are nausea, vomiting, diarrhoea, headache, fatigue and bleeding not related to a normal period.

